



2026 / 2027

Edition

Team
Building
Activities

Guided
Tours &
Adventures

Sea
Kayaking

On-Water
Activities

The perfect way to
discover parts of
Sydney Harbour
you will only ever
see from the water

*** Middle Harbour**



Hall of FAME

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www.sydneyharbourkayaks.com.au

Public & Private

Guided Kayaking Tours

>> **Middle Harbour @
Spit Bridge in Mosman**



Middle Harbour ECO Kayak Tour

SYDNEY HARBOUR
KAYAKS
Since 1991

Retail
\$145
Per Person

Duration
4
Hours



This is a fully guided kayaking tour and is available on the Saturday and Sunday mornings.

Start time: 8.30am to 12.30pm on the weekends (Public Tours)

Discover a side of Sydney that few people ever experience.

Our award-winning Middle Harbour Eco Tour takes you beyond the city and into the spectacular waterways of Garigal National Park. Paddle premium expedition sea kayaks through secluded bays, towering sandstone cliffs and tranquil mangrove forests while our experienced guides share the stories, history and ecology that make this harbour so unique.

Enjoy a relaxing morning tea at one of our favourite waterfront locations before the gentle return paddle, leaving refreshed, inspired and with a completely different perspective of Sydney Harbour.

Inclusions:

- 20 minute instruction on safety and equipment use.
- Qualified, experienced, friendly guide.
- Wholesome morning tea stopover at an idyllic location.
- All paddling equipment supplied.
- Storage.
- Stable and safe double deluxe fibreglass sea kayaks

We have a changing room with toilet and shower facilities.

Starting & Finishing Location:

At Sydney Harbour Kayaks: 83 Parriwi Road, Mosman / Spit Bridge

Morning Tea Location: On a secluded beach in Middle Harbour

We generally paddle a leisurely 10/11 km in total and this only requires a moderate level of fitness.

Middle Harbour **ECO Kayak Tour** Private 4 hour

SYDNEY HARBOUR
KAYAKS
Since 1991

Retail
\$145
Per Person

Duration
4
Hours



* Minimum 6 people required /
charge \$870.

This private, fully guided kayaking tour is
available any day of the week.

Start time: Any time that is convenient
for your group

Escape the crowds and experience Sydney Harbour your way.

Our Private Middle Harbour Eco Tour is a fully personalised kayaking experience designed exclusively for your group. Paddle premium expedition sea kayaks through the spectacular waterways of Garigal National Park, exploring secluded bays, sandstone cliffs and peaceful mangrove forests at a relaxed pace. Your private guide will tailor the journey to your interests while sharing the fascinating history, wildlife and ecology of this remarkable natural environment.

Enjoy a delicious morning tea at a secluded waterfront location before continuing your unforgettable journey through one of Sydney's most beautiful hidden landscapes.

Inclusions:

- Short instruction on safety and equipment use.
- Qualified, experienced, friendly guide.
- All paddling equipment supplied.
- Storage.
- Stable and safe double deluxe fibreglass sea kayaks

We have a changing room with toilet and shower facilities.

Starting & Finishing Location:

At Sydney Harbour Kayaks: 83 Parriwi Road, Mosman / Spit Bridge

Morning Tea Location: On a secluded beach in Middle Harbour

We generally paddle a leisurely 10/11 km in total and this only requires a moderate level of fitness.

SYDNEY HARBOUR
KAYAKS
Since 1991

Standard Private 2 hour

Harbour Discovery Paddle Tour

Duration

2

Hours

Standard

\$125

Per Person

* Standard Tour

= Minimum 6 people required / charge \$750

**This private, fully guided kayaking tour
is available any day of the week.**

Experience Sydney Harbour together.

Designed for groups of 6 to 30 paddlers, our Harbour Discovery Tour is the perfect way to combine adventure, teamwork and the spectacular beauty of Middle Harbour. Guided by our experienced staff, your group will paddle premium expedition sea kayaks through sheltered bays, secluded beaches and picturesque waterways while discovering the history and hidden gems of one of Sydney's most beautiful harbours.

Midway through the journey, relax at one of our favourite waterfront locations and enjoy complimentary tea, coffee, fresh fruit and cookies before continuing your unforgettable harbour adventure. Ideal for corporate team-building, conference groups, social clubs and private celebrations.

Midway through the journey, relax at one of our favourite waterfront locations and enjoy complimentary tea, coffee, fresh fruit and cookies before continuing your unforgettable harbour adventure. Ideal for corporate team-building, conference groups, social clubs and private celebrations.

Inclusions:

- Short instruction on safety and equipment use.
- Qualified, experienced, friendly guide.
- All paddling equipment supplied.
- Storage.
- Stable and safe double deluxe fibreglass sea kayaks

We have a changing room with toilet and shower facilities.

Starting & Finishing Location:

At Sydney Harbour Kayaks: 83 Parriwi Road, Mosman / Spit Bridge

Tea / Coffee Break Location: On a secluded beach in Middle Harbour

We generally paddle a leisurely 5/6 km in total and this only requires a moderate level of fitness.

SYDNEY HARBOUR
KAYAKS
Since 1991

Delux Private 2 1/2 hour

Harbour Discovery Paddle Tour

Duration
2.5
Hours

Deluxe
\$145
Per Person

* Deluxe Tour

= Minimum 4 people required / charge \$580

**This private, fully guided kayaking tour
is available any day of the week.**

Take your group experience to the next level.

Our Deluxe Harbour Discovery Tour combines the beauty of Sydney Harbour with a relaxed, fully catered waterfront experience. Designed for groups of 6 to 30 paddlers, you'll explore the secluded bays, beaches and hidden waterways of Middle Harbour in our premium expedition sea kayaks while our experienced guides share the area's fascinating history and local stories.

Midway through the tour, enjoy an extended stop at one of our favourite waterfront locations with a delicious catered spread including tea and coffee, fresh fruit, cheeses, dips, chips and sweet treats. With plenty of time to relax, connect and enjoy the surroundings, it's the perfect opportunity for your group to unwind before continuing the paddle. Every tour is professionally hosted and can be tailored to suit the pace, interests and objectives of your group.

Perfect for corporate team-building, conference groups, client entertaining and special celebrations, the Deluxe Harbour Discovery Tour is a memorable way to connect, relax and experience one of Sydney's most beautiful waterways.

Inclusions:

- Short instruction on safety and equipment use.
- Qualified, experienced, friendly guide.
- All paddling equipment supplied.
- Storage.
- Stable and safe double deluxe fibreglass sea kayaks

We have a changing room with toilet and shower facilities.

Starting & Finishing Location:

At Sydney Harbour Kayaks: 83 Parriwi Road, Mosman / Spit Bridge

Tea / Coffee Break Location: On a secluded beach in Middle Harbour

We generally paddle a leisurely 5/6 km in total and this only requires a moderate level of fitness.

Middle Harbour Sunriser Kayak Tour

SYDNEY HARBOUR
KAYAKS
Since 1991



* 1 - 12 people only

This private, fully guided kayaking tour is available any day of the week.

Start time: to match up with SUNRISE usually between 6am and 7am (the start time will be modified to match with the sunrise time)

Start your day with one of Sydney's most unforgettable experiences.

As the first light of dawn illuminates Middle Harbour, you'll paddle through calm, sheltered waters in our premium expedition sea kayaks while Sydney slowly comes to life around you. Depending on the conditions, we may explore iconic locations including Grotto Point Lighthouse, Cobbler's Beach, Balmoral Beach or the stunning foreshores of Middle Head.

With the harbour at its most peaceful, you'll enjoy a relaxing stop for freshly brewed coffee, seasonal fruit and the chance to soak up the spectacular morning atmosphere before the gentle paddle home. It's the perfect way to begin your day—peaceful, refreshing and uniquely Sydney.

Inclusions:

Kayaks: Double (2 person) Touring grade Deluxe kayaks by Mirage Sea Kayaks.
Including Lifejackets & paddles.
Qualified Kayaking Guide with tour commentary.
A lovely light breakfast with coffee or tea.

Starting & Finishing Location:

At Sydney Harbour Kayaks: 83 Parriwi Road, Mosman / Spit Bridge

Breakfast Location: Cobbler's Beach or Balmoral Beach (weather permitting)

We generally paddle a leisurely 5-6km in total and this only requires a moderate level of fitness.

Middle Harbour Sundowner Kayak Tour



Duration

2

Hours

Standard

\$175

Per Person

* 1 - 12 people only

This private, fully guided kayaking tour is available any day of the week.

Start time: to match up with SUNSET -
Usually between 4pm and 6pm
(the start time will be modified to
match with the sunset time)

Experience Sydney Harbour at its most magical during the golden hour.

Our Sundowner Tour is a relaxed, premium kayaking experience that showcases the harbour in its most spectacular light. Paddle our comfortable expedition sea kayaks through the tranquil waters of Middle Harbour as the setting sun bathes the sandstone cliffs, secluded beaches and hidden bays in warm golden colours, creating an unforgettable Sydney experience.

As the sun begins to dip below the horizon, we'll stop at one of our favourite waterfront locations to enjoy a generous grazing platter featuring artisan cheeses, dips, olives, fresh fruit, crackers, chips and refreshing drinks. Relax, unwind and share the moment before enjoying a peaceful paddle home as the harbour settles into the evening.

Perfect for couples, friends, corporate groups and special celebrations, our Golden Hour Sundowner Tour combines adventure, exceptional hospitality and one of the most beautiful sunsets Sydney has to offer.

Inclusions:

- Short instruction on safety and equipment use.
- Qualified, experienced, friendly guide.
- All paddling equipment supplied.
- Storage.
- Stable and safe double deluxe fibreglass sea kayaks

We have a changing room with toilet and shower facilities.

Starting & Finishing Location:

At Sydney Harbour Kayaks: 83 Parriwi Road, Mosman / Spit Bridge

Sunset snacks Location: Clontarf Beach / Castle Rock (weather permitting)

We generally paddle a leisurely 5/6 km in total and this only requires a moderate level of fitness.

TEAM-BUILDING & ON-WATER ACTIVITIES



Adventure. Creativity. Teamwork.



Our **team building activities** have been designed to take your team or staff outside of their comfort zone and assist in motivation and leadership.

**SYDNEY HARBOUR
KAYAKS**
Since 1991

PHOTO Challenge



Duration
2
Hours

Retail
\$110
Per Person

* Minimum 6 people required / charge \$660

**This private, fully guided kayaking tour is
available any day of the week.**

Start time: Any time that is convenient for your group

Adventure. Creativity. Teamwork.

Discover Sydney Harbour through a whole new lens.

Our Harbour Photo Challenge combines adventure, creativity and teamwork in one unforgettable experience. Designed for corporate groups of 6 to 30 participants, your team will paddle premium expedition sea kayaks while completing a series of fun, interactive photographic challenges using waterproof cameras or GoPros.

Working together, teams will solve creative challenges, capture spectacular harbour scenery and compete for points through a variety of themed photo tasks. From the funniest team shot to the most creative interpretation of your company culture, every challenge encourages communication, problem-solving and plenty of laughter along the way.

At the conclusion of the tour, all photographs are professionally collated and provided to your group as a lasting reminder of an incredible day on Sydney Harbour.

Inclusions:

- Short instruction on safety and equipment use.
- Qualified, experienced, friendly guide.
- All paddling equipment supplied.
- Storage
- Stable and safe double deluxe fibreglass sea kayaks

Starting & Finishing Location:

At Sydney Harbour Kayaks: Middle Harbour

We generally paddle a leisurely 5-6km in total and this only requires a moderate level of fitness.



Clean up our **HARBOUR**

Duration
1.5
Hours

Retail
\$99
Per Person

Duration
2
Hours

Retail
\$110
Per Person

Duration
3
Hours

Retail
\$175
Per Person

This private, fully guided kayaking tour is available any day of the week.
Start time: Any time that is convenient for your group

Paddle with Purpose. Leave a Lasting Impact.

Step away from the office and experience Sydney Harbour from a completely different perspective. Our Paddle with Purpose program combines team-building, sustainability and outdoor adventure into one rewarding experience.

Working alongside our experienced guides, your team will paddle through the beautiful waterways of Middle Harbour, collecting litter from secluded beaches, shoreline habitats and areas that are often difficult to access by land. Along the way you'll discover hidden corners of Sydney Harbour while strengthening communication, collaboration and genuine team connection.

More than simply a clean-up activity, this is a hands-on sustainability experience that allows your organisation to make a real contribution to one of Australia's most iconic waterways. Every item collected helps protect marine life, preserve the harbour's natural beauty and leaves your team with the satisfaction of knowing they have made a genuine difference.

Choose the experience that suits your team (minimum 6 paddlers):

90 Minutes – Paddle with Purpose Experience

2 Hours – Extended Paddle with Purpose Experience

3 Hours – Includes a relaxing waterfront refreshment break with fresh fruit, cookies and juice.

Inclusions:

- Short instruction on safety and equipment use.
- Qualified, experienced, friendly guide.
- All paddling equipment supplied.
- Stable and safe double deluxe fibreglass sea kayaks

Starting & Finishing Location:

We generally paddle a leisurely 5km in total and this only requires a moderate level of fitness.

SYDNEY HARBOUR
KAYAKS
Since 1991

\$60
Per Adult
paddler

Paddle Polo Adult's Game

Minimum charge \$480 (8 people)

Paddle Polo is a fun and energetic kayaking polo game using tall floating goals and a soft ball.

Played with sit-on-top kayaks in teams of five players, 'Paddle Polo' is a perfect game for company fun days, school afternoons and kids/adults birthday parties...

Adult's Birthday Party / Corporate Game:

Including your own 'Paddle Polo Host' / 'Water Safety' for a short paddling lesson and two polo games.

- * Age group: A child at heart
- * Maximum of 14 people on-water
- * Duration: Activity 1 1/2 hours (for 10+ players) 2 1/2

We can accommodate 14 people on-water during each game.

Paddle Polo is a healthy, low-impact outdoor activity that encourages:

Physical activity
Teamwork and communication
Confidence and coordination
Problem solving
Social interaction
Time outdoors in nature

Starting & Finishing Location:

At Sydney Harbour Kayaks: 83 Parriwi Road, Mosman / Spit Bridge
The game is played in the protected area of our Marina. You can easily watch and cheer on the players in the game from the beach.



**SYDNEY HARBOUR
KAYAKS**

Since 1991

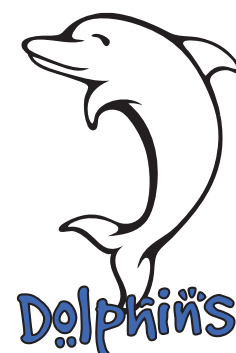
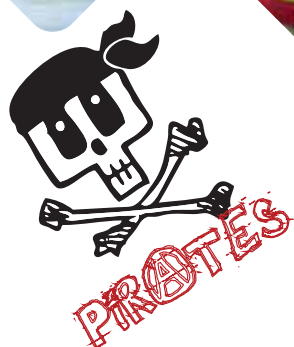
\$45

Per Child
paddler

Paddle Polo

Children's Party

Minimum charge \$360 (8 people)



Paddle Polo is a fun and energetic kayaking polo game using tall floating goals and a soft ball.

Played with sit-on-top kayaks in teams of five players, 'Paddle Polo' is a perfect game for company fun days, school afternoons and kids/adults birthday parties...

Children's Birthday Party:

Including your own 'Paddle Polo Host' / 'Water Safety' for a short paddling lesson and two polo games.

- * Age group: 9 to 17 y.o. (We have two sizes of goals, perfect for all kids)
- * Maximum of 14 people on-water
- * Duration: Activity 1 1/2 hours



Starting & Finishing Location:

At Sydney Harbour Kayaks: 83 Parriwi Road, Mosman / Spit Bridge

The game is played in the protected area of our Marina. You can easily watch and cheer on the players in the game from the beach.

Reviews

**SYDNEY HARBOUR
KAYAKS**



Since 1991

"Such a fun paddling experience! I took some friends who had never paddled before and they loved it. The instructor was reassuring to my friend who was anxious and looked after everyone with great diligence."

***** Hastings H.

"I joined the introductory lesson with three others. The instructor was patient, thorough and ready to give one-on-one help when necessary. Highly recommended."

***** Ros B.

"This was my third Middle Harbour Eco Tour. We had a fabulous morning kayaking, an excellent morning tea and fascinating stories about the harbour and creeks. A must do!"

***** Louise K.

"Although I have paddled for over 30 years, there's always something new to learn. These guys know their stuff and it was valuable hands-on experience that simply can't be replicated by watching YouTube videos."

***** Simon K.

"Everything was well organised, the equipment was excellent and our instructor was efficient, friendly and patient. We received plenty of individual attention throughout the session."

***** Chris M

"We covered all the basics needed to feel confident kayaking on our own. I'll definitely be coming back to rent a kayak and explore the bay further. Highly recommend."

***** Marielgb-23

"It was our first time kayaking and the trainer was incredibly helpful and well prepared. It was such a fun and memorable experience that kayaking has now become one of my favourite sports!"

***** Dian H.

SYDNEY HARBOUR KAYAKS

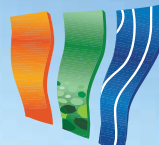
Since 1991



NSW
TOURISM
AWARDS
2023
GOLD
AWARD



NSW
TOURISM
AWARDS
2022
GOLD
AWARD



NSW
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Contact Details

Phone Line 1

0408 997 704

Email

info@sydneyharbourkayaks.com.au

Website

www.sydneyharbourkayaks.com.au

Social Media

www.facebook.com/seakayaking

www.instagram.com/sydneyharbourkayaks



**Wear a lifejacket.
Don't risk your life.**

